



**FANGIRL**  
SCOUT HANDBOOK



## ***BLUEPRINTS TO THE SECRET LAIR***

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# REVEALING YOUR **SECRET IDENTITY**

Fangirl Scouts believes that inside of every girl lies the heart of a superhero. This self-directed merit badge program is open to geeky women, girls, trans, and non-binary individuals of all ages. All fangirls are welcome here. Through fun geek-centric tasks, participants increase self-confidence, develop talents, and foster inclusivity within the fandom community.



A Fangirl Scout is geeky, brave, clever, and kind. She stands up for justice and equality. She is not a gatekeeper, but a greeter, welcoming all who desire entry into geekdom. Because every girl is super.



# ***SUPER HERO***

## TRAINING

There are a total of 12 badges you can earn. For each, you must complete at least 4 of the listed tasks listed in Mission Control for that badge. As you unlock these achievements, for every two badges you earn, you increase in rank. The 6 ranks are:

<b>Innocent Bystander</b>	2 badges
<b>Plucky Reporter</b>	4 badges
<b>Reclusive Billionaire</b>	6 badges
<b>Wisecracking Sidekick</b>	8 badges
<b>Arch Nemesis</b>	10 badges
<b>Masked Do-Gooder</b>	all 12 badges

**MISSION  
CONTROL**





# THE PEN IS MIGHTIER

## Complete 4 of the 6 tasks in this section:

- ⚡ Make a coloring book or paper doll inspired by one of your favorite fandoms.
- ⚡ Write your own origin story. It can be fictional, non-fiction, or a blend. This could be done as a story or as a comic.
- ⚡ Contribute to a free tiny library in your area by donating new or gently used books. To find a tiny library near you, or start your own, visit: [littlefreelibrary.org](http://littlefreelibrary.org)

- ⚡ Create a piece of fan art. Post your finished piece onto Deviantart, Tumblr, or Instagram.

**SKETCH  
IDEAS  
HERE**

⚡ Find a movie or show based on a book that you haven't yet read. Read the book and compare them.

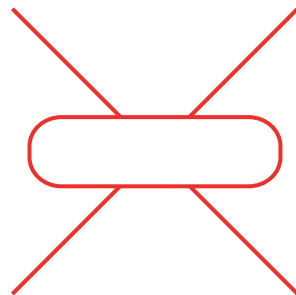
**THE BOOK**

**THE MOVIE**



⚡ Write a fanfic of at least 1000 words. Post your completed fic onto your favorite fan fiction site.

**PLOT IDEA MIND MAP:**



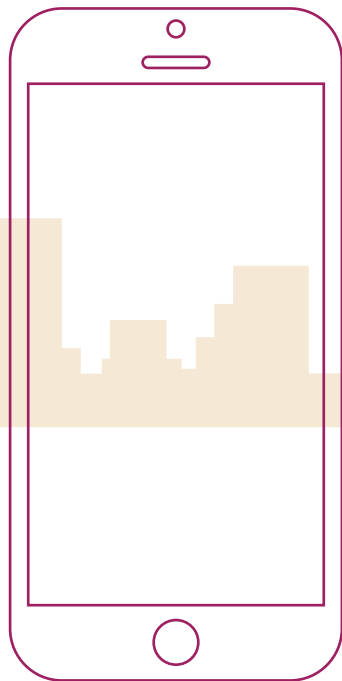


# SOCIAL BUTTERFLY

## Complete 4 of the 6 tasks in this section:

- ⚡ Create an original meme that gets 50+ notes on Tumblr.
- ⚡ Gather at least 100 followers on Instagram.
- ⚡ Have a celebrity like, reblog, retweet, or comment on your social media post.
- ⚡ Create a website or YouTube channel dedicated to a favorite fandom.
- ⚡ Come up with a Twitter hashtag and get at least 20 other people to use it.

- ⚡ Create a Snapchat Geofilter for your hometown.







# THE GAME IS ON

## Complete 4 of the 6 tasks in this section:

- ⚡ Beat any RPG video game.
- ⚡ Set up a monthly game night with friends and hold it for at least 4 months.
- ⚡ Customize an existing board game to be adapted as a fandom version.
- ⚡ Own at least three full sets of dice. (A full set is one d4, one d6, one d8, two d10s, one d12, and one d20).
- ⚡ Create Miis for the characters in a movie or show.

- ⚡ Design your own original game. Could be any kind of game (board game, RPG, video game, card game, etc.). Play the game with friends. If it is a single-person game, share your game with someone else.

### **RULES:**

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# FRIENDSHIP IS MAGIC

## Complete 4 of the 6 tasks in this section:

- ⚡ Help someone with a cosplay.
- ⚡ Beta read someone's fanfic or fan script.
- ⚡ Introduce a friend to one of your favorite fandoms.
- ⚡ Make a new friend and read one of their favorite comics or fanfics.
- ⚡ Find someone wearing something fandom inspired and start up a conversation with them about their fandom.

- ⚡ Draw a portrait of a friend, or family member in manga/anime style and surprise them with it.

**PRACTICE  
MANGA  
STYLE**



# WIN THE HOUSE CUP

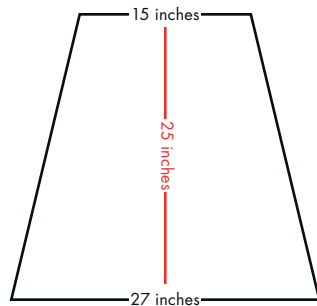
## Complete 4 of the 6 tasks in this section:

- ⚡ Sew or build a cosplay accessory from scratch.
- ⚡ Knit or crochet an accessory inspired by a fandom, such as a Jayne Cobb hat, 4th Doctor scarf, Hogwarts house scarf, etc.
- ⚡ Upcycle an item into a decoration or costume, or work with recycled/re-purposed raw materials (such as wood, metal, fabric, wire, plastic, etc.) to create something new.

- ⚡ Make a superhero cape to hold your badges. Use the pattern below or create your own.

## CAPE INSTRUCTIONS:

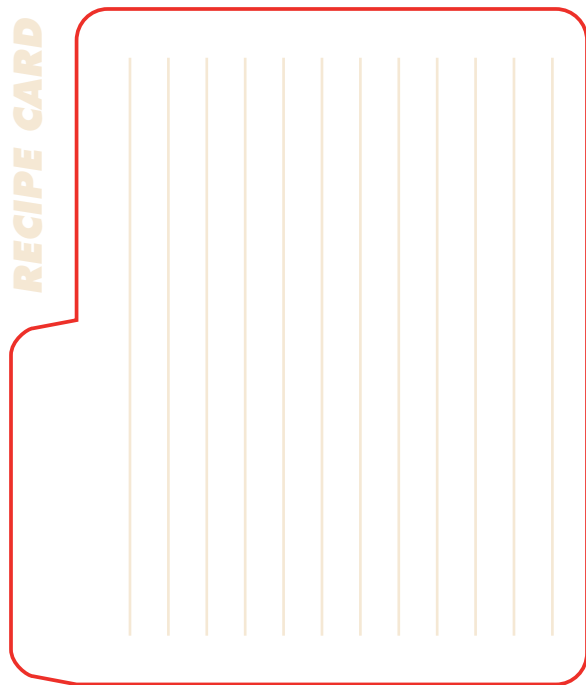
1. Cut your fabric into a trapezoid shape that is 25 inches tall, 15 inches wide at the top, and 27 inches wide at the bottom. (See diagram on the right hand side).



2. Create a  $\frac{1}{2}$  inch rolled hem around all four sides. You can sew the hem or use no-sew hem tape.
3. To wear your cape, you can either use safety pins at the top two corners, or sew on two 12 inch lengths of ribbon at each top corner and then tie the cape around your neck.

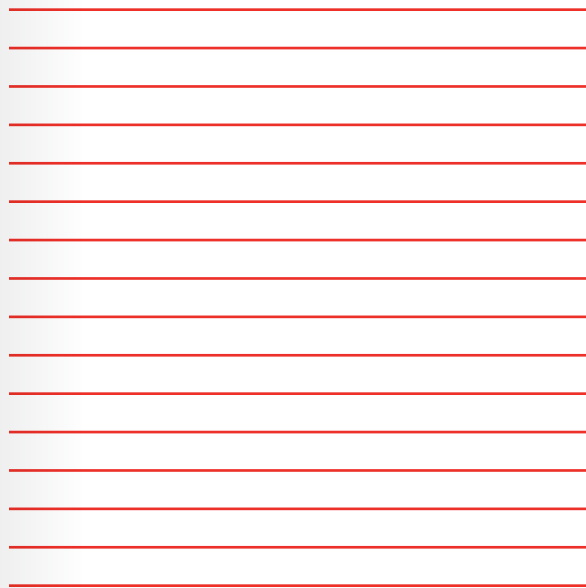
- ⚡ Develop a recipe or create pancake art inspired by a TV show, book, or movie.

**RECIPE CARD**



- ⚡ Decorate a room in your house based on a fandom that you love.

**DECOR IDEAS:**





# FIGHT THE DARK SIDE

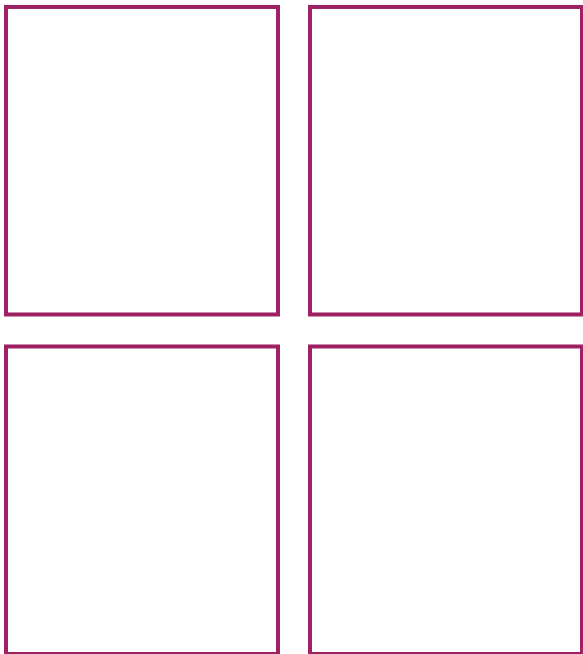
## Complete 4 of the 6 tasks in this section:

- ⚡ Stand up to a mansplainer. Your thoughts and opinions are valid. Don't let anyone make you uncomfortable. Your voice matters.
- ⚡ Create and share a meme about body positivity.
- ⚡ Subscribe to a female centric geek blog such as The Unicorn Files, The Mary Sue, Geekquality, Black Girl Nerds, We Are Comics, or similar. Read at least 5 different articles.

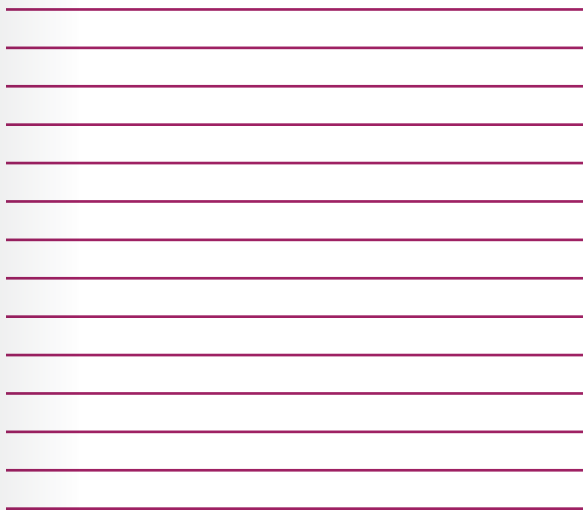
- ⚡ Create a digital or paper poster for "Cosplay is not consent" or for "Girls can be Geeks too."

**SKETCH  
IDEAS  
HERE**

⚡ Draw a 4-panel web comic educating others about cyber bullying and post it online.

A 2x2 grid of four empty square panels, each outlined in a dark purple color, intended for drawing a 4-panel web comic.

⚡ Write a list of 10 ways you think the fan community can become more inclusive. Consider people of color, women, the LGBTQ+ community, those with physical and/or mental challenges, and any other marginalized group. Model inclusivity in your own thoughts and behaviors.

Ten horizontal lines, each outlined in a dark purple color, provided for writing a list of 10 ways to make the fan community more inclusive.



# RUN FOR YOUR LIFE

## Complete 4 of the 6 tasks in this section:

- ⚡ Hatch 3 Pokemon Go eggs.
- ⚡ Participate in a LARP event.
- ⚡ Find a TV show workout online and do the workout for 10 episodes in one week.
- ⚡ Join or start a local Quidditch club.
- ⚡ Complete at least one act of self-care every day for 2 weeks. Create a comic book or blog recording each day's self-care act.

- ⚡ Create a 30 minute workout with 5 exercises inspired by a fandom and share it online.

**Workout Title:** \_\_\_\_\_

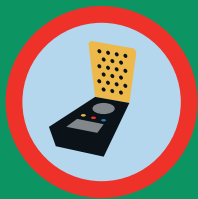
1. \_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_

4. \_\_\_\_\_  
\_\_\_\_\_

5. \_\_\_\_\_  
\_\_\_\_\_



# HAILING FREQUENCY

## Complete 4 of the 6 tasks in this section:

- ⚡ Ask a question at a comic con panel.
- ⚡ Create an advertisement for a fictional product featured in a fandom. This can be a magazine ad or a 30 second radio, web, or TV commercial.
- ⚡ Find an artist on Deviantart whose work you admire and interview them. You should prep your interview questions in advance.

- ⚡ Leave a detailed review online for a TV show, movie, or book. Your review should be at least 100 words long.

**Review for:**

**My rating:** 

**Review:** \_\_\_\_\_

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⚡ Invent your own alphabet, creating symbols for each letter and number. Share your cypher translation key with a friend to communicate with them in code.



⚡ Spend at least 3 hours learning a language from a fandom, such as Elvish, Klingon, Gallifreyan, Valyrian, etc. Write a short piece in that language. This could be a joke, poem, haiku, or quote.

**YOUR  
WRITTEN  
PIECE**



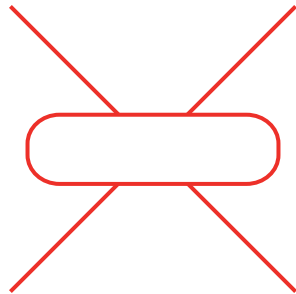
# NETFLIX AND SKILL

## Complete 4 of the 6 tasks in this section:

- ⚡ Create a bad lip reading video and post it online.
- ⚡ Memorize a monologue from a movie or TV show that is at least 15 seconds long. Record yourself performing the monologue.
- ⚡ Make a parody video or parody music video and post online.
- ⚡ Make your own frame animation. You can make a flip book or take pictures to do stop-motion animation.

⚡ Write a fan script for a TV show.

## SCRIPT IDEA MIND MAP:



⚡ Watch 5 episodes of a single show in one sitting.  
Take notes of your thoughts, fan theories, and quotes.

## NOTES:

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# MAD SCIENTIST

## Complete 4 of the 7 tasks in this section:

- ⚡ Learn a computer coding language (such as HTML, CSS, or Python).
- ⚡ Watch 3 hours of Bill Nye and/or Neil deGrasse Tyson.
- ⚡ Do research about some of the real science behind a favorite show, movie, or book. Identify what aspects are feasible with our current scientific understanding and what can only exist in fiction.
- ⚡ Build and launch a homemade rocket.

- ⚡ Build a 3D model of your favorite spaceship.

**SKETCH  
PLANS  
HERE**

⚡ Draw a design for a Rube Goldberg device.\*

⚡ \*Counts for 2 tasks if you then build it in real life.

**YOUR DEVICE:**



# SET PHASERS TO STUNNING

## Complete 4 of the 6 tasks in this section:

- ⚡ Learn how to style a wig.
- ⚡ Recreate a special effects makeup technique.
- ⚡ Give yourself a fandom inspired manicure.
- ⚡ Put together and wear a “cosplay for everyday” outfit that is suitable for work or school from items you already own or thrift store finds.
- ⚡ Compete in a cosplay contest or do a cosplay photo shoot.

⚡ Love yourself and your body exactly as it is. Write a list of 10 things you like about yourself, your body, and how you look. Hang the list on your mirror.

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# NOT A STALKER

## Complete 4 of the 6 tasks in this section:

- ⚡ Update the trivia section of an IMDB celebrity with a fact you know about them.
- ⚡ Use your Google Fu to find out the hobbies of one of your favorite celebrities. Give this hobby a try.
- ⚡ Take a selfie with a celebrity (with permission). Photo ops at fan conventions count.
- ⚡ Send a letter or message to a celebrity telling them how they have made a difference in your life.

- ⚡ Memorize the vital statistics and interesting facts about your favorite celebrity from information that is publicly available on the web.

**Name(s):** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Place of Birth:** \_\_\_\_\_


**Language(s):** \_\_\_\_\_

**Height + Weight:** \_\_\_\_\_

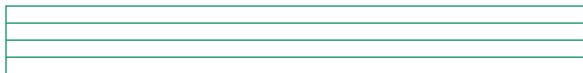
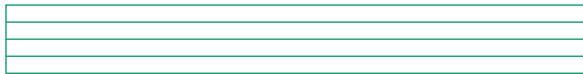
**Eye + Hair Color:** \_\_\_\_\_

**Favorites (band, movie, etc.):** \_\_\_\_\_

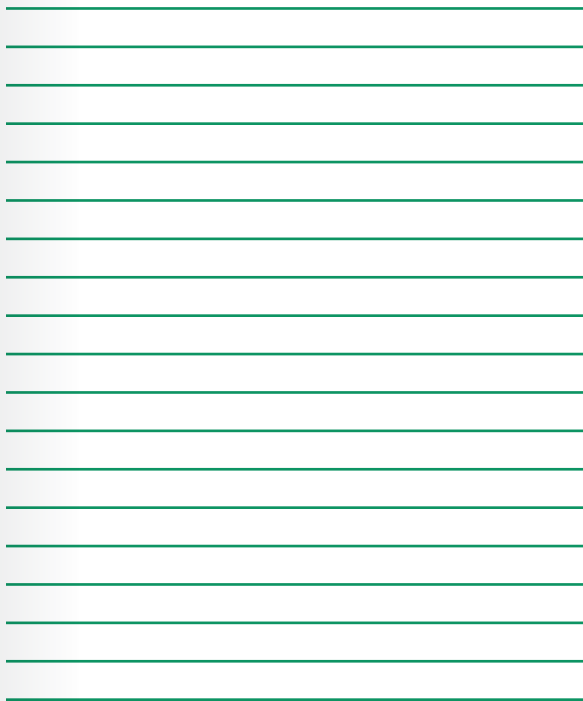
**Other Facts:** \_\_\_\_\_

 Write a song that is an ode to a celebrity you admire.  
You can use an existing tune or compose your own.

## TUNE:



## LYRICS:

A series of horizontal lines for writing lyrics, consisting of 15 lines.



***TIME TO  
LEVEL UP***

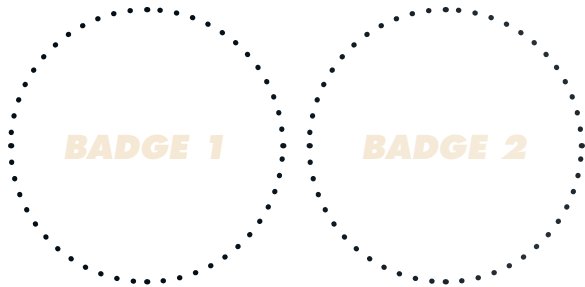




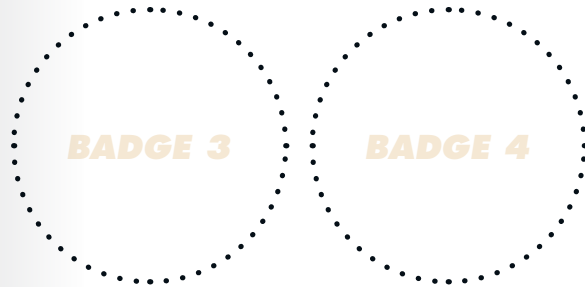
As you earn badges, place the appropriate badge stickers (located on the back inside cover) onto the circles in this section to track your progress toward each rank. Every 2 badges you earn increase your rank within the program.

You may also show off your progress through badge pins, displayed proudly on a superhero cape. The instructions for how to make the cape are in the “Win the House Cup” badge section of Mission Control.

Besides a cape, every superhero needs a uniform. As you level up, you can wear a shirt showing your rank insignia. Insignia shirts and iron-ons are available through our shop on the Fangirl Scout app.



**ACHIEVEMENT UNLOCKED:  
INNOCENT BYSTANDER**



**ACHIEVEMENT UNLOCKED:  
PLUCKY REPORTER**





**BADGE 5**



**BADGE 6**

**ACHIEVEMENT UNLOCKED:  
RECLUSIVE BILLIONAIRE**



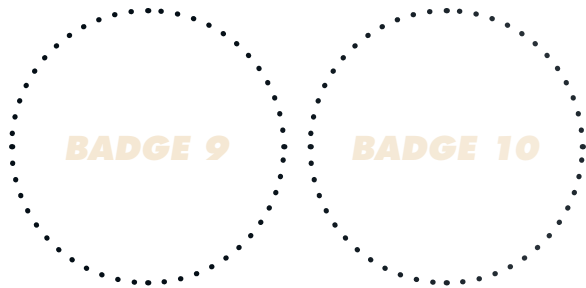
**BADGE 7**



**BADGE 8**

**ACHIEVEMENT UNLOCKED:  
WISECRACKING SIDEKICK**

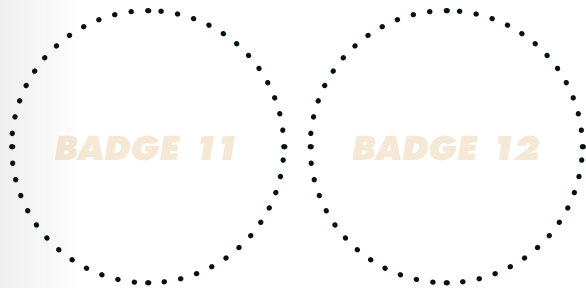
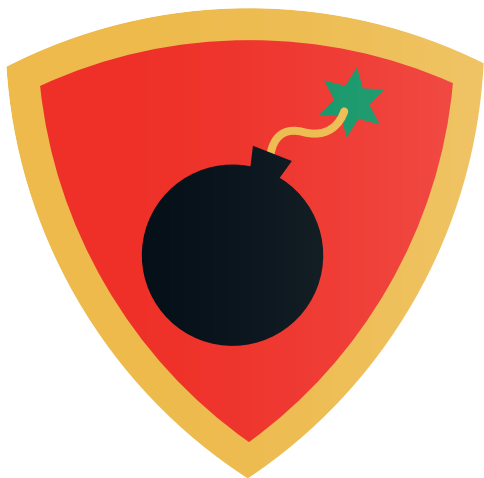




**BADGE 9**

**BADGE 10**

**ACHIEVEMENT UNLOCKED:  
ARCH NEMESIS**

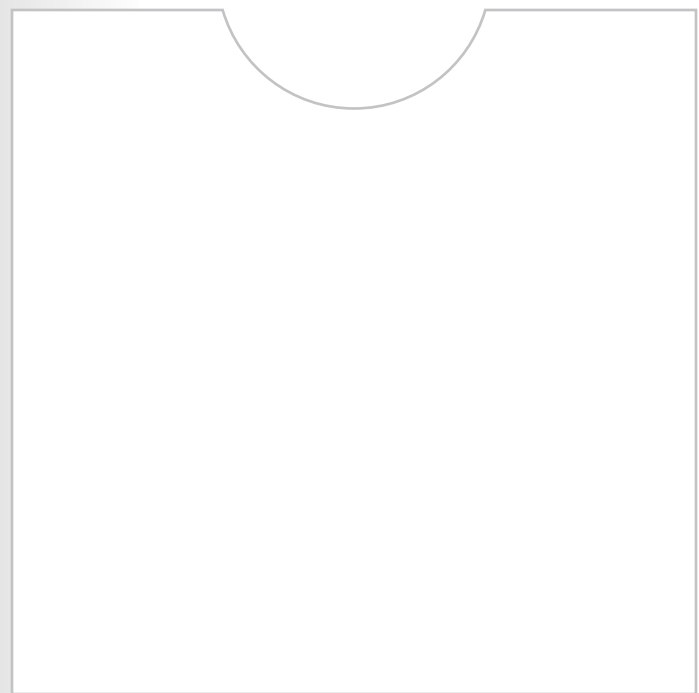


**BADGE 11**

**BADGE 12**

**ACHIEVEMENT UNLOCKED:  
MASKED DO-GOODER**





***“The substance of what it means to be a geek is essentially someone who’s brave enough to love something against judgment.”***

**–Felicia Day**